## CONSUMERISM IN HEALTH CARE SURVEY

## Screening Questions

Thank you for agreeing to participate in our survey about Health Care and the Consumer! This is strictly for research purposes, and all responses will be kept confidential.

First, we would like to ask you some questions for classification purposes so that we may customize the survey for you.

D1. Are you...?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Male | $51 \%$ | $50 \%$ | $57 \%$ | $51 \%$ |
| Female | 49 | 50 | 43 | 49 |

S1. What is your age?

Under 18 [TERMINATE]
18-20 [TERMINATE]
21-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64

| Nat'l | Trad. | CDHP* | HDHP* |
| :---: | :---: | :---: | :---: |
| $(\mathrm{n}=2,182)$ | $(\mathrm{n}=1,918)$ | $(\mathrm{n}=895)$ | $(\mathrm{n}=1,404)$ |

65 or older [TERMINATE]
D6a. How many children under the age of 18 do you have at least some financial responsibility for?

None
One
Two
Three
Four or more

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $53 \%$ | $53 \%$ | $55 \%$ | $63 \%$ |
| 20 | 20 | 17 | 14 |
| 15 | 15 | 18 | 14 |
| 8 | 8 | 7 | 6 |
| 4 | 3 | 4 | 3 |

D6b. How many adults, age 18 or over, are in your household?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| One | $12 \%$ | $12 \%$ | $20 \%$ | $23 \%$ |
| Two | 69 | 68 | 67 | 63 |
| Three | 14 | 14 | 9 | 11 |
| Four or more | 6 | 6 | 4 | 4 |

S2. Are you currently covered by health insurance?

|  | Nat'l | Trad. | CDHP* | HDHP* |
| :--- | :---: | :---: | :---: | :---: |
| (n=2,182) | $(n=1,918)$ | $(n=895)$ | $(n=1,404)$ |  |
| Yes | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
| No | -- | -- | -- | -- |

S3. [IF COVERED BY HEALTH INSURANCE (S2=1), ASK:] Which of the following describes how you obtain your health insurance coverage?

| Nat'l | Trad. | CDHP* | HDHP* |
| :---: | :---: | :---: | :---: |
| $(n=2,182)$ | $(n=1,918)$ | $(n=895)$ | $(n=1,404)$ |

I am enrolled through my job (current or former) 59\% 59\% 62\% 54\%
I am enrolled through my spouse's/
partner's job (current or former)
$\begin{array}{llll}34 & 36 & 17 & 17\end{array}$
I am enrolled through my parent's health plan
I purchase it directly from a health insurance carrier

6
I am enrolled in Medicare or a
Medicaid plan
I am enrolled through the US military or a plan for veterans

Other (specify) $\qquad$ 1
[TERMINATE IF NOT 21-64 YEARS OLD (S1=1,2,12);
IF NOT COVERED BY HEALTH INSURANCE (S2=2); OR
IF COVERED BY GOVERNMENT OR PARENT'S PLAN (S3=3,5,6)]
S4. Who in your household is covered by your health plan?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* <br> $(n=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Only you | $29 \%$ | $27 \%$ | $31 \%$ | $45 \%$ |
| You and your spouse/partner | 28 | 29 | 24 | 22 |
| You and one or more children | 6 | 6 | 6 | 5 |
| You, your spouse/partner, and one or <br> more children | 37 | 38 | 39 | 27 |
| Other (specify) | $<1$ | $<1$ | -- | 1 |

S5. Does your health plan have a deductible for medical care? [INCLUDE DEFINITION-A deductible is the amount you have to pay before your insurance plan will start paying any part of your medical bills.]

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* <br> $(n=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $66 \%$ | $61 \%$ | $100 \%$ | $100 \%$ |
| Yes, but only when I go out of network |  |  |  |  |
| $\quad$ [SKIP To S9a] | 8 | 9 | -- | -- |
| No [SKIP To S9a] | 19 | 22 | -- | -- |
| Don't know [SKIP TO S9a] | 7 | 8 | - | - |

S6a. [IF HAVE FAMILY COVERAGE (S4=2,3,4), ASK:] What is the amount of your family deductible for medical care? (If there is a separate deductible for prescription drugs, hospitalization, or out-of-network care, do not include those deductible amounts here.)

|  | Nat'l <br> $(n=1,006)$ | Trad. <br> $(n=842)$ | CDHP* <br> $(n=580)$ | HDHP* $^{(n=759)}$ |
| :--- | :---: | :---: | :---: | :---: |
| Have a separate deductible for each |  |  |  |  |
| $\quad$ family member | $14 \%$ | $13 \%$ | $5 \%$ | $10 \%$ |
| Less than \$500 | 28 | 33 | -- | -- |
| $\$ 500-\$ 999$ | 20 | 24 | -- | -- |
| $\$ 1,000-\$ 1,499$ | 8 | 10 | -- | -- |
| $\$ 1,500-\$ 1,999$ | 4 | 5 | -- | -- |
| $\$ 2,000-\$ 2,999$ | 7 | -- | 32 | 45 |
| $\$ 3,000-\$ 3,999$ | 2 | -- | 18 | 17 |
| $\$ 4,000-\$ 4,999$ | 1 | -- | 17 | 6 |
| $\$ 5,000$ or more | 3 | -- | 28 | 17 |
| Don't know | 13 | 14 | 1 | 5 |

S6aa. [IF S6a=5] Is your family deductible less than $\$ 2,200$ or is it $\$ 2,200$ to $\$ 2,999$ ?

| Nat'I <br> $(\mathrm{n}=74)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=183)$ | HDHP* <br> $(\mathrm{n}=340)$ |
| :---: | :---: | :---: | :---: |
| $51 \%$ | -- | $19 \%$ | $49 \%$ |
| 48 | -- | 80 | 49 |
| 2 | -- | 1 | 2 |

S6b. [IF DON'T KNOW AMOUNT OF DEDUCTIBLE (S6a=9), ASK:] Is the family deductible less than $\$ 2,000$ or $\$ 2,000$ or more?

|  | Nat'l <br> $(n=122)$ | Trad. <br> $(n=109)$ | CDHP* <br> $(n=4)$ | HDHP* <br> $(n=37)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than $\$ 2,000$ | $47 \%$ | $51 \%$ | -- | -- |
| $\$ 2,000$ or more | 9 | -- | $100 \%$ | $100 \%$ |
| Don't know | 44 | 49 | -- | -- |

S7a. [IF HAVE INDIVIDUAL COVERAGE (S4=1,5) OR HAVE SEPARATE DEDUCTIBLES FOR FAMILY COVERAGE ( $\mathbf{S 6 a = 1 0}$ ), ASK:] What is the amount of your annual per person deductible for medical care? (If there is a separate deductible for prescription drugs, hospitalization, or out-of-network care, do not include those deductible amounts here.)

|  | $\begin{gathered} \text { Nat'l } \\ (n=524) \end{gathered}$ | $\begin{gathered} \text { Trad. } \\ (\mathrm{n}=411) \end{gathered}$ | $\begin{aligned} & \text { CDHP* } \\ & (\mathrm{n}=338) \end{aligned}$ | $\begin{aligned} & \text { HDHP* } \\ & (\mathrm{n}=719) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| Less than \$200 | 24\% | 31\% | -- | -- |
| \$200-\$499 | 24 | 32 | -- | -- |
| \$500-\$999 | 18 | 24 | -- | -- |
| \$1,000-\$1,499 | 9 | -- | 26\% | 40\% |
| \$1,500-\$1,999 | 5 | -- | 20 | 17 |
| \$2,000-\$3,499 | 8 | -- | 43 | 29 |
| \$3,500-\$4,999 | <1 | -- | 4 | 2 |
| \$5,000 or more | 1 | -- | 5 | 9 |
| Don't know | 11 | 13 | 2 | 2 |

S7aa. [IF S7a=5] Is your deductible for medical care less than $\$ 1,100$ or is it $\$ 1,100$ to $\$ 1,499$ ?

|  | Nat'l <br> $(\mathrm{n}=46)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=84)$ | HDHP* <br> $(\mathrm{n}=295)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than $\$ 1,100$ | $78 \%$ | -- | $40 \%$ | $79 \%$ |
| $\$ 1,100-\$ 1,499$ | 21 | -- | 59 | 18 |
| Don't know | 1 | -- | 1 | 3 |

S7b. [IF DON'T KNOW AMOUNT OF DEDUCTIBLE (S7a=10), ASK:] Is the deductible less than $\$ 1,000$ or $\$ 1,000$ or more?

|  | Nat'I <br> $(\mathrm{n}=68)$ | Trad. <br> $(\mathrm{n}=64)$ | CDHP* <br> $(\mathrm{n}=6)$ | HDHP* <br> $(\mathrm{n}=16)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than $\$ 1,000$ | $45 \%$ | $49 \%$ | -- | -- |
| \$1,000 or more | 8 | -- | $100 \%$ | $100 \%$ |
| Don't know | 47 | 51 | -- | -- |

S8. In some health plans, services like annual physicals, doctor visits, immunizations, and preventive care tests, (such as mammograms or screenings for colon cancer), may require a co-pay but would not be subject to the deductible. In other plans, the deductible applies to all medical care. [If you have a separate deductible for prescription drugs, please focus only on your deductible for medical care].

In your plan, does the deductible apply to all medical care?

|  | Nat'l <br> $(\mathrm{n}=1,396)$ | Trad. <br> $(\mathrm{n}=1,132)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $51 \%$ | $52 \%$ | $57 \%$ | $48 \%$ |
| No | 32 | 31 | 37 | 41 |
| Other (specify) | $<1$ | $<1$ | $<1$ | $<1$ |
| Don't know | 17 | 17 | 6 | 11 |

S9A. Does your health plan include any coverage for prescription drugs?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* $^{*}$ <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $94 \%$ | $94 \%$ | $83 \%$ | $88 \%$ |
| No | 4 | 3 | 14 | 10 |
| Don't know | 2 | 3 | 3 | 2 |

S9B. [IF HAVE PRESCRIPTION DRUG COVERAGE (S9A = 1), ASK:] Do you have a separate deductible for prescription drugs?

Yes
No
Don't know

| Nat'l <br> $(\mathrm{n}=2,053)$ | Trad. <br> $(\mathrm{n}=1,817)$ | CDHP* <br> $(\mathrm{n}=740)$ | HDHP* <br> $(\mathrm{n}=1,237)$ |
| :---: | :---: | :---: | :---: |
| $32 \%$ | $30 \%$ | $17 \%$ | $37 \%$ |
| 56 | 57 | 76 | 54 |
| 13 | 13 | 7 | 9 |

In recent years, several forms of health care savings accounts have become available. The next set of questions deals with these accounts.

S10a. Do you currently have a Flexible Spending Account for health expenses? [INCLUDE DEFINITION-Accounts offered by some employers to allow employees to set aside pretax dollars of their own money for their use throughout the year to reimburse themselves for their out-of-pocket expenses for health care. For this type of account, any money remaining in the account at the end of the year, or in some cases after March $15^{\text {th }}$, is lost to the employee. A similar type of account is sometimes available for child care expenses as well.]

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $20 \%$ | $20 \%$ | $43 \%$ | $22 \%$ |
| No | 73 | 73 | 56 | 76 |
| Other (describe) | -- | -- | -- | $<1$ |
| Don't know | 6 | 7 | 1 | 2 |

S11. In the last 5-6 years, a new type of health coverage has become available that is sometimes called Consumer Directed Health Care or Consumer Driven Health Care. This new type of coverage has two components: 1) a special type of savings account that the individual uses to pay health expenses, and 2) health insurance with a high deductible.

How familiar, if at all, are you with this new type of plan?

| Extremely familiar | $3 \%$ | $2 \%$ | $32 \%$ | $4 \%$ |
| :--- | :---: | :---: | :---: | :---: |
| Very familiar | 5 | 4 | 29 | 8 |
| Somewhat familiar | 18 | 18 | 21 | 23 |
| Not very familiar | 20 | 20 | 9 | 23 |
| Not at all familiar | 50 | 51 | 9 | 41 |
| Don't know | 4 | 4 | 1 | 2 |

[IF DEDUCTIBLE IS \$2,000 OR HIGHER FOR FAMILY (S6a=5-8 OR S6b=2) OR \$1,000 OR HIGHER FOR INDIVIDUAL (S7a=5-9 OR S7b=2), CONTINUE. ELSE SKIP TO S13.]

S12a. Do you have a special account or fund you can use to pay for medical expenses? The accounts are sometimes referred to as Health Savings Accounts (HSAs), Health Reimbursement Accounts (HRAs), Personal care accounts, Personal medical funds, or Choice funds. These accounts are different from Flexible Spending Accounts.

|  | Nat'l <br> $(\mathrm{n}=264)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $20 \%$ | -- | $100 \%$ | $7 \%$ |
| No [SKIP TO S13] | 76 | -- | -- | 90 |
| Don't know [SKIP TO S13] | 4 | -- | -- | 3 |

S12b. Are you allowed to roll over unspent money in this account for your use in the following year?

|  | Nat'l <br> $(\mathrm{n}=67)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=110)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $69 \%$ | -- | $91 \%$ | -- |
| No | 24 | - | 3 | $100 \%$ |
| Other (describe) | -- | - | $<1$ | -- |
| Don't know | 7 | - | 6 | -- |

S12c. Can you carry your account with you if you leave your job?

|  | Nat'l <br> $(\mathrm{n}=67)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=110)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $51 \%$ | -- | $69 \%$ | -- |
| No | 31 | -- | 13 | $68 \%$ |
| Don't know | 18 | -- | 18 | 32 |

S13. [AUTOCODE]

CDHP (S12B=1,3,4)
HDHP (S12A=2,3 OR S12B=2)
Other

| Nat'l | Trad. | CDHP* | HDHP* |
| :---: | :---: | :---: | :---: |
| $(\mathrm{n}=2,182)$ | $(\mathrm{n}=1,918)$ | $(\mathrm{n}=895)$ | $(\mathrm{n}=1,404)$ |
| $2 \%$ | -- | $100 \%$ | -- |
| 11 | -- | -- | $100 \%$ |
| 87 | $100 \%$ | - | - |

A1. Please rate your satisfaction with each of the following aspects of your health care. [ROTATE ORDER a-d]
Nat'l ( $n=2,182$ ), Traditional ( $n=1,918$ ), CDHP ( $n=895$ ), HDHP ( $n=1,404$ )
Extremely
Satisfied

| Very | Somewha |
| :---: | :---: |
| Satisfied | Satisfied |

a. Quality of health care I receive through my plan

National
Traditional
CDHP
HDHP
27\%
46
21
4
2
28\%
47
45
40

3
2
25\%
21\%
25
3
b. Ease of getting an appointment with a doctor when needed
National
Traditional
CDHP
HDHP
st I pay out of my own
pocket for my health care
National
17\%
26
40
40
43
41
26

| 24 | 6 | 4 |
| :--- | :--- | :--- |
| 23 | 5 | 3 |
| 24 | 4 | 2 |
| 26 | 7 | 2 |

c. The cost I pay out of my own

Traditional
18\%
27
8\%
16
33
16
9
CDHP
HDHP
d. My choice of doctors

National
Traditional
32\%

CDHP
HDHP
33\%
41
41
22
3
33\%
43

3
29\%
40
24

| $19 \%$ | 41 | 29 | 7 | 4 |
| ---: | ---: | ---: | ---: | ---: |
| $21 \%$ | 43 | 28 | 5 | 3 |
| $12 \%$ | 36 | 38 | 10 | 5 |
| $8 \%$ | 27 | 41 | 17 | 7 |

A2. How likely are you to recommend your health plan to a friend or co-worker?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* <br> $(n=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Extremely likely | $17 \%$ | $18 \%$ | $13 \%$ | $7 \%$ |
| Very likely | 32 | 34 | 26 | 20 |
| Somewhat likely | 30 | 30 | 34 | 34 |
| Not too likely | 13 | 11 | 16 | 25 |
| Not at all likely | 7 | 6 | 11 | 14 |

A3. If you had an opportunity to change health plans or stay with your current plan, how likely would you be to stay with your current plan?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Extremely likely to stay | $26 \%$ | $27 \%$ | $16 \%$ | $11 \%$ |
| Very likely to stay | 35 | 37 | 29 | 23 |
| Somewhat likely to stay | 24 | 24 | 31 | 34 |
| Not too likely to stay | 10 | 8 | 16 | 21 |
| Not at all likely to stay | 5 | 4 | 8 | 11 |

A4. How strongly do you agree or disagree with each of the following statements concerning your current health plan? [ROTATE ORDER A-E] National ( $n=2,182$ ), Traditional ( $n=1,918$ ), CDHP ( $n=895$ ), HDHP ( $n=1,404$ )
a. My health plan is easy to understand
National
Traditional
CDHP
HDHP
vealth plan will protect me in expensive illness
National
Traditional
CDHP
HDHP
rms of my health plan make me consider costs when deciding whether to see a doctor or to fill a prescription for medication(s)

| National | $18 \%$ | 31 | 24 | 16 | 12 |
| :--- | ---: | :--- | ---: | ---: | ---: |
| Traditional | $17 \%$ | 30 | 24 | 16 | 13 |
| CDHP | $35 \%$ | 39 | 15 | 7 | 5 |
| HDHP | $26 \%$ | 34 | 21 | 13 | 6 |

d. My health plan encourages me to adopt a healthier lifestyle

| National | $25 \%$ | 33 | 30 | 8 | 4 |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Traditional | $27 \%$ | 33 | 30 | 7 | 3 |
| CDHP | $24 \%$ | 39 | 26 | 7 | 3 |
| HDHP | $16 \%$ | 32 | 35 | 11 | 6 |

e. My health plan provides information to help me choose among physicians, pharmacies, labs, and hospitals

| National | $26 \%$ | 38 | 22 | 9 | 4 |
| :--- | ---: | :--- | ---: | ---: | ---: |
| Traditional | $28 \%$ | 38 | 22 | 9 | 4 |
| CDHP | $21 \%$ | 40 | 23 | 10 | 5 |
| HDHP | $16 \%$ | 39 | 25 | 14 | 6 |

## [A7 deleted]

To determine which questions would be applicable for you, please answer the following.
D5. What is your current marital status?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Married | $78 \%$ | $78 \%$ | $70 \%$ | $64 \%$ |
| Not married, living with a partner | 6 | 7 | 5 | 7 |
| Divorced or separated | 5 | 5 | 8 | 10 |
| Widowed | 1 | 1 | 1 | 2 |
| Single, never married | 10 | 10 | 15 | 17 |

J1. What is your current job status?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Employed full time | $66 \%$ | $66 \%$ | $75 \%$ | $66 \%$ |
| Employed part time | 8 | 8 | 7 | 11 |
| Not employed, looking for work | 1 | 1 | 1 | 3 |
| Homemaker | 14 | 15 | 8 | 8 |
| Retired | 7 | 8 | 6 | 8 |
| Other (specify) | 3 | 3 | 3 | 4 |

[IF EMPLOYED FULL OR PART TIME (J1=1-2), CONTINUE. ELSE SKIP TO HP1.]
J2a. [IF (J1=1,2) AND (S3=2, 4), ASK:] Does your employer offer health insurance to ANY employees?

Yes
No
Don't know

| Nat'l <br> $(\mathrm{n}=479)$ | Trad. <br> $(\mathrm{n}=404)$ | CDHP* <br> $(\mathrm{n}=200)$ | HDHP* <br> $(\mathrm{n}=394)$ |
| :---: | :---: | :---: | :---: |
| $56 \%$ | $59 \%$ | $51 \%$ | $37 \%$ |
| 40 | 37 | 48 | 58 |
| 4 | 4 | 2 | 4 |

J2b. [IF (J2A=1), ASK:] Are you eligible for a health plan offered by your employer?

|  | Nat'I <br> $(n=297)$ | Trad. <br> $(n=262)$ | CDHP* <br> $(n=104)$ | HDHP* <br> $(n=148)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $74 \%$ | $77 \%$ | $70 \%$ | $54 \%$ |
| No | 22 | 20 | 30 | 43 |
| Don't know | 4 | 2 | -- | 3 |

## Your Health Plan

HP1. [IF COVERED THROUGH AN EMPLOYER (S3=1,2), ASK:] Are you offered a choice of health plans? Please include all employment-based plans for which you are eligible, whether through your job or your spouse's job.

|  | Nat'l <br> $(n=2,031)$ | Trad. <br> $(n=1,831)$ | CDHP* <br> $(n=716)$ | HDHP* <br> $(n=1,000)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes, have choice of plans | $53 \%$ | $54 \%$ | $63 \%$ | $46 \%$ |
| No, only one plan available | 41 | 40 | 35 | 50 |
| Don't know | 5 | 6 | 1 | 2 |

HP1A. [NEW] [IF (HP1=1), ASK:] You said that you were offered a choice of health plans from your or your spouse's employer. How many different health plans did you have to choose from? Please include all employment-based plans for which you are eligible, whether through your job or your spouse's job.

One, have no choice of plans
Two
( $\mathrm{n}=1,2$

Three
34

Four or more
Don't know
29
22
10

| Trad. <br> $(\mathrm{n}=1,107)$ | CDHP* <br> $(\mathrm{n}=406)$ | HDHP* <br> $(\mathrm{n}=438)$ |
| :---: | :---: | :---: |
| $4 \%$ | $2 \%$ | $<1 \%$ |
| 34 | 34 | 38 |
| 29 | 35 | 32 |
| 23 | 25 | 23 |
| 11 | 4 | 8 |

[HP1C deleted]
HP1B1. [IF (S3=1,2), ASK]: Does the employer that provides you health insurance, either your employer or your spouse's employer, tell you how much they are contributing to the cost of your health insurance coverage?

|  | Nat'l <br> $(\mathrm{n}=2,031)$ | Trad. <br> $(\mathrm{n}=1,831)$ | CDHP* <br> $(\mathrm{n}=716)$ | HDHP* <br> $(\mathrm{n}=1,000)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $52 \%$ | $53 \%$ | $73 \%$ | $58 \%$ |
| No | 28 | 27 | 20 | 31 |
| Don't know | 19 | 20 | 6 | 9 |

HP1B2. [IF (S3=1,2), ASK]: Are you aware that the money your or your spouse's employer contributes to the cost of your health insurance is not included in your taxable income?

|  | Nat'I <br> $(\mathrm{n}=2,031)$ | Trad. <br> $(\mathrm{n}=1,831)$ | CDHP* <br> $(\mathrm{n}=716)$ | HDHP* <br> $(\mathrm{n}=1,000)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $58 \%$ | $58 \%$ | $82 \%$ | $70 \%$ |
| No | 21 | 21 | 10 | 19 |
| Don't know | 20 | 21 | 8 | 10 |

HP2. [IF HAVE CHOICE OF PLANS THROUGH EMPLOYER HP1=1 or PURCHASES DIRECTLY S3=4, ASK:] What are your two or three main reasons for deciding to enroll in your current health plan? (Check up to 3 responses.) *updated*

| Nat'I | Trad. | CDHP* | HDHP* |
| :---: | :---: | :---: | :---: |
| $(\mathrm{n}=1,353)$ | $(\mathrm{n}=1,182)$ | $(\mathrm{n}=581)$ | $(\mathrm{n}=840)$ |

Good network of physicians and hospitals-your doctor was

| in the network | 46\% | 46\% | 26\% | 43\% |
| :---: | :---: | :---: | :---: | :---: |
| Low out of pocket costs when I |  |  |  |  |
| see the doctor | 38\% | 41\% | 6\% | 13\% |
| Lower cost of the premium | 29\% | 29\% | 51\% | 44\% |
| Prior experience with this plan | 25\% | 26\% | 12\% | 23\% |
| Familiar type of coverage, simple |  |  |  |  |
| Easy to access care | 21\% | 23\% | 12\% | 17\% |
| Specific benefits offered by the plan | 19\% | 19\% | 14\% | 13\% |
| Plan's good reputation, recommended by others | 18\% | 18\% | 8\% | 15\% |
| Not much paperwork | 17\% | 16\% | 7\% | 16\% |

Puts you in control of your health care dollars, you make choices of how your account is spent 6\%
Tax benefits of the plan 4\%
Opportunity to save money in the account, rollover funds for future years

| $3 \%$ | $2 \%$ | $46 \%$ | $1 \%$ |
| ---: | :---: | ---: | ---: |
| $2 \%$ | $1 \%$ | $1 \%$ | $2 \%$ |
| $1 \%$ | $1 \%$ | $1 \%$ | $1 \%$ |
| $1 \%$ | $1 \%$ | $1 \%$ | $2 \%$ |
| $<1 \%$ | $<1 \%$ | $<1 \%$ | $2 \%$ |
| $<1 \%$ | -- | $1 \%$ | $<1 \%$ |
|  |  |  |  |
| $<1 \%$ | $<1 \%$ | $<1 \%$ | $2 \%$ |
| $1 \%$ | $1 \%$ | $3 \%$ | $4 \%$ |

HP3. How long have you been covered by your current health plan?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* <br> $(n=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than one year | $17 \%$ | $16 \%$ | $30 \%$ | $20 \%$ |
| 1-2 years | 24 | 23 | 36 | 28 |
| 3-4 years | 20 | 20 | 21 | 20 |
| 5-9 years | 18 | 19 | 7 | 18 |
| 10 years or more | 19 | 21 | 6 | 13 |
| Don't know | 1 | 1 | $<1$ | $<1$ |

HP3a. [IF HP3 = 1,2] Just before you were covered by your current plan, did you have health insurance coverage?

Yes
No
Don't know

| Nat' 1 <br> $(\mathrm{n}=897)$ | Trad. <br> $(\mathrm{n}=756)$ | CDHP* <br> $(\mathrm{n}=619)$ | HDHP* <br> $(\mathrm{n}=663)$ |
| :---: | :---: | :---: | :---: |
| $71 \%$ | $71 \%$ | $93 \%$ | $85 \%$ |
| 29 | 28 | 7 | 15 |
| $<1$ | $<1$ | -- | $<1$ |

[HP3b-HP3c-HP3d deleted]
HP5a. [IF HAVE INDIVIDUAL COVERAGE THROUGH EMPLOYER (S3=1,2 AND S4=1,5), ASK:] How much do you pay each month in premiums for your health insurance plan? (Record your answer under "Other" if your health insurance payments are made weekly, semimonthly, or bi-weekly.) *updated*

Nothing, employer pays all Less than \$20 per month $\$ 20$ to $\$ 49$ per month \$50 to \$99 per month \$100 to \$199 per month \$200 to \$299 per month $\$ 300$ or more per month Don't know

| Nat'l <br> $(\mathrm{n}=2,170)$ | Trad. <br> $(\mathrm{n}=1,906)$ | CDHP* <br> $(\mathrm{n}=242)$ | HDHP* <br> $(\mathrm{n}=403)$ |
| :---: | :---: | :---: | :---: |
| $27 \%$ | $30 \%$ | $20 \%$ | $23 \%$ |
| 6 | 6 | 7 | 6 |
| 14 | 14 | 19 | 15 |
| 28 | 28 | 27 | 21 |
| 14 | 13 | 15 | 18 |
| 4 | 2 | 5 | 5 |
| 2 | 1 | 1 | 7 |
| 4 | 4 | 6 | 2 |

HP5b. [IF HAVE FAMILY COVERAGE THROUGH EMPLOYER (S3=1,2 AND S4=2,3,4), ASK:] How much do you pay each month in premiums for your health insurance plan? (Record your answer under "Other" if your health insurance payments are made weekly, semimonthly or bi-weekly.) *updated*

Nothing, employer pays all Less than \$100 per month \$100-\$199 per month

| Nat'l <br> $(\mathrm{n}=1,520)$ | Trad. <br> $(\mathrm{n}=1,390)$ | CDHP* <br> $(\mathrm{n}=474)$ | HDHP* <br> $(\mathrm{n}=597)$ |
| :---: | :---: | :---: | :---: |
| $13 \%$ | $13 \%$ | $10 \%$ | $11 \%$ |
| 13 | 14 | 19 | 8 |
| 27 | 27 | 22 | 22 |
| 15 | 15 | 16 | 21 |
| 8 | 8 | 11 | 12 |
| 5 | 5 | 8 | 7 |
| 5 | 4 | 8 | 12 |
| 13 | 13 | 6 | 7 |

HP5c. [IF INDIVIDUAL PURCHASER (S3=4), ASK:] How much do you pay each month in premiums for your health insurance plan? *updated*

Less than \$200 per month
\$200-\$299 per month
\$300-\$399 per month
\$400-\$499 per month
\$500-\$599 per month

| Nat'l | Trad. | CDHP* | HDHP* |
| :---: | :---: | :---: | :---: |
| $(\mathrm{n}=139)$ | $(\mathrm{n}=75)$ | $(\mathrm{n}=175)$ | $(\mathrm{n}=402)$ |

\$600 or more per month
27\%
27\%
16\%
27\%
\$200-\$299 per month
\$300-\$399 per month
\$400-\$499 per month
$\$ 500$ or more per month
13
13

21
14
22
$\begin{array}{llll}17 & 11 & 18 & 18\end{array}$

Other (specify) $\qquad$
12
-
$\begin{array}{lll}7 & 22 & 10\end{array}$ Don't know

8
9 -- --
914

HP6. During the time that you have had your current health plan, was there ever a time when you had difficulty paying for the cost of your health plan?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $15 \%$ | $14 \%$ | $17 \%$ | $21 \%$ |
| No | 81 | 83 | 82 | 76 |
| Don't know | 4 | 3 | 1 | 2 |

HP7a. During the time that you have had your current health plan, was there ever a time when you were unable to pay, or had difficulty paying, for your medical bills? This can include bills for another family member.

Yes
No
Don't know

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)=$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $29 \%$ | $27 \%$ | $27 \%$ | $35 \%$ |
| 68 | 70 | 72 | 64 |
| 3 | 3 | 1 | 1 |

HP8. During the time you have had your current health plan, have you had to spend ANY time on paperwork or disputes related to medical bills and health insurance for either you or a family member?

Yes
No
[VOL] Not applicable: did not see doctor during this time
Don't know

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $30 \%$ | $30 \%$ | $38 \%$ | $39 \%$ |
| 64 | 65 | 60 | 57 |
|  |  |  |  |
| 5 | 5 | 2 | 3 |
| $<1$ | $<1$ | $<1$ | $<1$ |

HP8a. [IF (HP8=1), ASK:] Would you say you had to spend a lot of time, some time, or a little time on paperwork or disputes?

|  | Nat'l <br> $(\mathrm{n}=714)$ | Trad. <br> $(\mathrm{n}=610)$ | CDHP* <br> $(\mathrm{n}=334)$ | HDHP* <br> $(\mathrm{n}=555)$ |
| :--- | :---: | :---: | :---: | :---: |
| A lot | $15 \%$ | $15 \%$ | $23 \%$ | $17 \%$ |
| Some | 46 | 46 | 43 | 48 |
| A little | 38 | 39 | 33 | 35 |
| Don't know | $<1$ | 1 | -- | $<1$ |

HP8b. [IF (HP8=2), ASK:] Is that because you did not have any problems with the paperwork or because you did not see a doctor?

| Nat'l <br> $(\mathrm{n}=1,376)$ | Trad. <br> $(\mathrm{n}=1,228)$ | CDHP* <br> $(\mathrm{n}=542)$ | HDHP* <br> $(\mathrm{n}=801)$ |
| :---: | :---: | :---: | :---: |
| $83 \%$ | $84 \%$ | $75 \%$ | $76 \%$ |
| 14 | 13 | 22 | 20 |
| 3 | 3 | 3 | 4 |

HP9a. Have the terms or conditions of your health plan encouraged you to take better care of your health, take worse care of your health, or have they made no difference in how you take care of your health?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* $^{(n=1,404)}$ <br> Better care$\quad 30 \%$ |
| :--- | :---: | :---: | :---: | :---: |

## CDHP Only <br> [IF CDHP (S13=1), CONTINUE. ELSE SKIP TO HP7.]

CD1. [IF COVERED THROUGH EMPLOYER (S3=1,2), ASK:] Does your employer/your spouse's employer contribute at all to your savings account for medical expenses?

|  | Nat'l <br> $(\mathrm{n}=39)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=716)$ | HDHP* $^{(n=)}$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $63 \%$ | - | $61 \%$ | - |
| No | 31 | - | 34 | - |
| Don't know | 4 | - | 4 | -- |

CD2. [IF EMPLOYER CONTRIBUTES TO SAVINGS ACCOUNT (CD1=1), ASK:] How much money does your employer/your spouse's employer contribute to your account annually?
Nat'l

$(\mathrm{n}=23)$ | Trad. |
| :---: |
| $(\mathrm{n}=)$ | | CDHP* |
| :---: |
| $(\mathrm{n}=454)$ | | HDHP* $^{(\mathrm{n}=)}$ |
| :---: |

CD2a. [IF COVERED THROUGH EMPLOYER (S3=1,2) AND EMPLOYER DOES CONTRIBUTE (CD1=1), ASK:] Are you (and your spouse) allowed to make contributions to your account?

| Nat'l <br> $(\mathrm{n}=23)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=454)$ | $\mathrm{HDHP}^{*}$ <br> $(\mathrm{n}=)$ |
| :---: | :---: | :---: | :---: |
| $88 \%$ | -- | $74 \%$ | -- |
| 9 | -- | 17 | -- |
| 3 | -- | 9 | -- |

CD3. [IF ALLOWED TO CONTRIBUTE TO EMPLOYER ACCOUNT OR IF INDIVIDUAL PURCHASER, (CD2a=1 or (S3=4 and S13=1)), ASK:] How much money do you (and your spouse) contribute to your account annually?

Nothing
Less than \$500
\$500-\$999
\$1,000-\$1,499
\$1,500-\$1,999
\$2,000 or more
Don't know

| Nat'l <br> $(\mathrm{n}=33)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=499)$ | HDHP* <br> $(\mathrm{n}=)$ |
| :---: | :---: | :---: | :---: |
| $23 \%$ | -- | $16 \%$ | -- |
| -- | -- | 9 | -- |
| 23 | -- | 12 | -- |
| 8 | -- | 15 | -- |
| 10 | -- | 9 | -- |
| 28 | -- | 35 | -- |
| 9 | -- | 5 | -- |

CD3b. [FOR ALL CDHP (S13=1), ASK:] How much money is currently in your account?

|  | Nat'l <br> $(\mathrm{n}=53)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=)$ |
| :--- | :---: | :---: | :---: | ---: |
| Nothing | $13 \%$ | -- | $10 \%$ | -- |
| Less than $\$ 200$ | 7 | -- | 9 | -- |
| $\$ 200$ to $\$ 499$ | 10 | -- | 12 | -- |
| $\$ 500$ to $\$ 999$ | 8 | -- | 15 | -- |
| $\$ 1,000$ to $\$ 1,499$ | 9 | -- | 12 | -- |
| $\$ 1,500$ to $\$ 1,999$ | 3 | -- | 6 | -- |
| $\$ 2,000$ to $\$ 2,999$ | 8 | -- | 10 | -- |
| $\$ 3,000$ or more | 26 | -- | 16 | -- |
| Don't know | 16 | -- | 9 | -- |

CD4. How long have you had this savings account?

Nat'l \begin{tabular}{c}
Trad. <br>
$(\mathrm{n}=53)$

 

CDHP* <br>
$(\mathrm{n}=921)$

 

$\mathrm{HDHP}^{*}$ <br>
$(\mathrm{n}=)$
\end{tabular}

CD5. [IF HAD ACCOUNT MORE THAN ONE YEAR AND CAN ROLL OVER UNSPENT FUNDS (CD4=3-5 AND S12b=1), ASK:] How much money did you roll over in this account from last year?
Nat'l

$(\mathrm{n}=28)$ | Trad. |
| :---: |
| $(\mathrm{n}=)$ | | CDHP* |
| :---: |
| $(\mathrm{n}=450)$ | | HDHP* |
| :---: |
| $(\mathrm{n}=)$ |

[CONTINUE WITH ALL RESPONDENTS.]

HP7. [IF HAVE CHOICE OF PLANS (HP1=1) or INDIVIDUAL PURCHASER (S3=4), ASK:] Compared to the other health plans available to you, is the cost you pay in premiums for the health plan you selected:

|  | Nat'l <br> $(n=1,353)$ | Trad. <br> $(n=1,182)$ | CDHP* <br> $(n=581)$ | HDHP* <br> $(n=840)$ |
| :--- | :---: | :---: | ---: | ---: |
| More expensive than all the other plans | $6 \%$ | $6 \%$ | $5 \%$ | $10 \%$ |
| More expensive than some, but less <br> $\quad$ expensive than others | 34 | 33 | 23 | 35 |
| Less expensive than all the other plans | 28 | 28 | 52 | 31 |
| About the same cost as the other plans | 21 | 21 | 14 | 14 |
| Don't know | 11 | 12 | 6 | 8 |

HP9. [IF HAVE A CHOICE OF PLANS (HP1= 1) AND DO NOT HAVE CDHP OR HDHP (S13=3), ASK:] To the best of your knowledge, was one of the plans you were offered but did not take a plan with a high deductible (that is, $\$ 1000$ or more for an individual, $\$ 2000$ or more for a family)?

|  | Nat'l <br> $(\mathrm{n}=1,107)$ | Trad. <br> $(\mathrm{n}=1,107)$ | CDHP* <br> $(\mathrm{n}=)$ | HDHP* $^{(n=)}$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $37 \%$ | $37 \%$ | -- | -- |
| No | 28 | 28 | - | -- |
| Don't know | 34 | 34 | -- | -- |

HP10a. [IF OFFERED HIGH DEDUCTIBLE PLAN (HP9=1), ASK:] Did the high deductible plan that you were offered but did not take also include a savings account that you could use to pay your health care expenses?

Yes
No
Don't know

| Nat'l <br> $(\mathrm{n}=412)$ | Trad. <br> $(\mathrm{n}=412)$ | CDHP* <br> $(\mathrm{n}=)$ | HDHP* <br> $(\mathrm{n}=)$ |
| :---: | :---: | :---: | :---: |
| $35 \%$ | $35 \%$ | -- | -- |
| 33 | 33 | -- | -- |
| 32 | 32 | -- | -- |

HP11a. [IF OFFERED CDHP BUT DID NOT TAKE (HP10a=1, ASK:] Why did you decide not to take the high deductible plan with the savings account? (Check all that apply.) [ROTATE ORDER OF RESPONSES.] *updated*

|  | $\begin{gathered} \text { Nat'l } \\ (\mathrm{n}=154) \end{gathered}$ | Trad. $(n=154)$ | $\begin{gathered} \text { CDHP* } \\ (\mathrm{n}=) \end{gathered}$ | $\begin{gathered} \mathrm{HDHP}^{*} \\ (\mathrm{n}=) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| I did not like the high out-of-pocket costs | 68\% | 68\% | ( | ( |
| I did not have the money to put into a savings account | 28 | 28 | -- | -- |
| I am more familiar with the plan I selected | 27 | 27 | -- | -- |
| It's too complicated, I did not understand it | 23 | 23 | -- | -- |
| It is too much trouble to open and/or manage the savings account | 9 | 9 | -- | -- |
| This plan was not recommended to me | 7 | 7 | -- | -- |
| The tax benefits were not attractive enough | 7 | 7 | -- | -- |
| I did not like the network of doctors and hospitals | 7 | 7 | -- | -- |
| Other (specify) | 5 | 5 | -- | -- |

HP10b. [IF HDHP (S13=2), ASK:] Were you offered or were you aware of the option to open a savings account that you could use to pay your health care expenses?

|  | Nat'l <br> $(\mathrm{n}=211)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $40 \%$ | -- | -- | $42 \%$ |
| No | 48 | -- | -- | 51 |
| Don't know | 12 | -- | -- | 7 |

HP11b. [IF OFFERED AN ACCOUNT BUT DID NOT TAKE (HP10b=1), ASK:] Why did you decide not to open a health savings account? (Check all that apply.) [ROTATE ORDER OF RESPONSES] *updated*

|  | Nat'I <br> $(\mathrm{n}=85)$ | Trad. <br> $(\mathrm{n}=)$ | CDHP* <br> $(\mathrm{n}=)$ | HDHP* <br> $(\mathrm{n}=591)$ |
| :--- | :---: | :---: | :---: | ---: |
| I did not have the money to put <br> into a savings account | $33 \%$ | -- | -- | $32 \%$ |
| The tax benefits were not attractive <br> enough | $18 \%$ | -- | -- | $24 \%$ |
| It is too much trouble to open and/or | $18 \%$ | -- | -- | $16 \%$ |
| $\quad$ manage the savings account | $12 \%$ | -- | -- | $4 \%$ |
| Account offered was use it or lose it | - | -- | $9 \%$ |  |
| It's too complicated, I did not understand it | $9 \%$ | - | -- | $5 \%$ |
| Didn't need it, not many expenses | $4 \%$ | -- | -- | $7 \%$ |
| This account was not recommended to me | $4 \%$ | -- | -- | $5 \%$ |
| Says they did open an account | $3 \%$ | -- | -- | $2 \%$ |
| Opened an FSA, flex plan | $1 \%$ | -- | -- | $12 \%$ |
| Other (specify) | $7 \%$ | -- |  |  |

## Habits

H1. Do you currently smoke cigarettes?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* <br> $(n=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $23 \%$ | $23 \%$ | $15 \%$ | $14 \%$ |
| No | 76 | 75 | 84 | 85 |
| Decline to answer | 1 | 1 | 1 | 1 |

H2. In the past four weeks, how many days per week on average did you exercise for at least 30 minutes?

Never
1 day per week, on average
2-3 days per week, on average
4-5 days per week, on average
More than 5 days per week, on average

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $24 \%$ | $25 \%$ | $17 \%$ | $20 \%$ |
| 22 | 22 | 24 | 22 |
| 32 | 32 | 34 | 36 |
| 15 | 15 | 18 | 15 |
| 7 | 6 | 8 | 8 |

H4. What is your height and weight?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Underweight | $2 \%$ | $2 \%$ | $2 \%$ | $1 \%$ |
| Normal | 29 | 28 | 28 | 29 |
| Overweight | 32 | 32 | 36 | 34 |
| Obese | 26 | 27 | 25 | 30 |
| Declined to answer | 11 | 11 | 8 | 6 |

H5. Have you had a physical exam in the past 12 months?

|  | Nat'l | Trad. | CDHP* | HDHP* $^{*}$ <br> $(n=2,182)$ |
| :--- | :---: | :---: | :---: | :---: |
| $(\mathrm{n}=1,918)$ | $(\mathrm{n}=895)$ | $(\mathrm{n}=1,404)$ |  |  |
| Yes | $67 \%$ | $67 \%$ | $62 \%$ | $67 \%$ |
| No | 33 | 33 | 38 | 33 |

## Health Care History

HC1. In general, how would you rate your health?

Excellent
Very good

| $(\mathrm{n}=2,182)$ | $(\mathrm{n}=1,918)$ | $(\mathrm{n}=895)$ | $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $11 \%$ | $10 \%$ | $17 \%$ | $14 \%$ |
| 38 | 38 | 48 | 41 |
| 38 | 38 | 29 | 35 |
| 11 | 12 | 5 | 9 |
| 2 | 2 | 1 | 2 |

HC2. Do you [IF HAVE FAMILY COVERAGE (S4=2,3,4) SHOW BOTH COLUMNS AND INSERT: or other family members covered by the same health plan] have any of the following conditions?

|  | (\% saying yes) | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP <br> $(n=895)$ | HDHP <br> $(n=1,404)$ |
| :--- | :--- | :---: | :---: | :---: | :---: |
| a. | Allergies | $35 \%$ | $34 \%$ | $37 \%$ | $40 \%$ |
| b. | Arthritis | $14 \%$ | $15 \%$ | $12 \%$ | $15 \%$ |
| c. | Asthma, emphysema or lung disease | $10 \%$ | $10 \%$ | $7 \%$ | $9 \%$ |
| d. | Cancer | $4 \%$ | $4 \%$ | $2 \%$ | $2 \%$ |
| e. | Depression | $13 \%$ | $13 \%$ | $8 \%$ | $12 \%$ |
| f. | Diabetes | $8 \%$ | $9 \%$ | $6 \%$ | $8 \%$ |
| g. | Heart attack or other heart disease | $4 \%$ | $4 \%$ | $2 \%$ | $4 \%$ |
| h. | High cholesterol | $20 \%$ | $20 \%$ | $22 \%$ | $25 \%$ |
| i. | Hypertension, or high blood pressure | $21 \%$ | $21 \%$ | $19 \%$ | $25 \%$ |
| j. | Stroke | $2 \%$ | $2 \%$ | $<1 \%$ | $1 \%$ |

(\% saying yes)
a. Allergies
b. Arthritis
c. Asthma, emphysema or lung disease
d. Cancer
e. Depression

Other Family Members With Same Health Plan
Nat'l Trad. CDHP HDHP
f. Diabetes
g. Heart attack or other heart disease
h. High cholesterol
i. Hypertension, or high blood pressure

| $(\mathrm{n}=1,601)$ | $(\mathrm{n}=1,437)$ | $(\mathrm{n}=580)$ | $(\mathrm{n}=759)$ |
| :---: | :---: | :---: | :---: |
| $35 \%$ | $35 \%$ | $39 \%$ | $41 \%$ |

$11 \% \quad 12 \% \quad 9 \% \quad 14 \%$
$12 \% \quad 12 \% \quad 12 \% \quad 11 \%$
$2 \% \quad 2 \% \quad 3 \%$
$\begin{array}{lrrrr}\text { j. } & \text { Stroke } & 20 \% & 20 \% & 14 \% \\ 20 \% & 2 \% & 1 \% & 1 \%\end{array}$

HC3. Please indicate below how often you [IF HAVE FAMILY COVERAGE (S4=2,3,4): or other family members on your plan] used each of the following types of medical services [IF ENROLLED 1 YEAR OR MORE (HP3=2-6) INSERT: in the past 12 monthsIIF ENROLLED LESS THAN 1 YEAR (HP3=1) INSERT: since joining your current health plan].

Nat'l ( $n=2,182$ ), Traditional ( $n=1,918$ ), CDHP
( $n=895$ ), HDHP ( $n=1,404$ ) Never Once
a. Filled a prescription at a pharmacy or by mail order

| National | $21 \%$ | 8 | 19 | 14 | 38 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Traditional | $20 \%$ | 7 | 19 | 15 | 39 |
| CDHP | $21 \%$ | 9 | 19 | 13 | 38 |
| HDHP | $21 \%$ | 7 | 17 | 14 | 42 |

b. Visited a doctor's office or medical clinic National
Traditional
CDHP
HDHP
Had a diagnostic test such as an x-ray, MRI, blood test, cancer screening, or CAT scan

| National | $34 \%$ | 27 | 26 | 7 | 6 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Traditional | $33 \%$ | 27 | 26 | 7 | 6 |
| CDHP | $38 \%$ | 28 | 24 | 6 | 4 |
| HDHP | $37 \%$ | 24 | 26 | 7 | 6 |

HC3a1. Thinking back over the last two years, did you [IF HAVE FAMILY COVERAGE (S4=2,3,4): or other family members on your plan] ever stay overnight in the hospital?

Yes
No

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :---: | :---: | :---: | :---: |
| $25 \%$ | $25 \%$ | $21 \%$ | $23 \%$ |
| 75 | 75 | 79 | 77 |

HC4. [IF ENROLLED 1 YEAR OR MORE (HP3=2-6) INSERT: Over the last 12 months/IF ENROLLED LESS THAN 1 YEAR (HP3=1) INSERT: Since you enrolled in this plan], about how much have you had to pay "out of pocket" for each of the following: [SHOW ONLY SECOND COLUMN FOR HOUSEHOLD MEMBERS IF D6a > 0 OR D6b > 1, OTHERWISE SHOW FIRST COLUMN]
A. For prescription medicines

|  | Youl(and all members of your household) |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP <br> $(n=895)$ | HDHP <br> $(n=1,404)$ |
| Nothing | $35 \%$ | $34 \%$ | $42 \%$ | $31 \%$ |
| Less than $\$ 100$ | 35 | 36 | 28 | 24 |
| $\$ 100$ to $\$ 199$ | 26 | 25 | 20 | 21 |
| $\$ 200$ to $\$ 499$ | 19 | 19 | 19 | 24 |
| $\$ 500$ to $\$ 749$ | 9 | 9 | 16 | 14 |
| $\$ 750$ to $\$ 999$ | 5 | 5 | 6 | 8 |
| $\$ 1,000$ to $\$ 1,499$ | 5 | 5 | 6 | 10 |
| $\$ 1,500$ to $\$ 1,999$ | 3 | 3 | 3 | 5 |
| $\$ 2,000$ or more | 4 | 3 | 8 | 8 |
| Don't know | 12 | 13 | 5 | 7 |

D. For all other medical expenses including doctor visits, hospital care, and diagnostic tests (excluding dental and vision care)

|  | Youl(and all members of your household) |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP <br> $(\mathrm{n}=895)$ | HDHP <br> $(\mathrm{n}=1,404)$ |
| Nothing | $31 \%$ | $30 \%$ | $38 \%$ | $27 \%$ |
| Less than $\$ 100$ | 33 | 36 | 17 | 20 |
| $\$ 100$ to $\$ 199$ | 22 | 22 | 13 | 18 |
| $\$ 200$ to $\$ 499$ | 20 | 20 | 18 | 20 |
| $\$ 500$ to $\$ 749$ | 10 | 10 | 16 | 12 |
| $\$ 750$ to $\$ 999$ | 5 | 5 | 7 | 8 |
| $\$ 1,000$ to $\$ 1,499$ | 6 | 5 | 10 | 11 |
| $\$ 1,500$ to $\$ 1,999$ | 4 | 4 | 7 | 6 |
| $\$ 2,000$ or more | 8 | 6 | 19 | 22 |
| Don't know | 14 | 14 | 8 | 9 |

E. Total medical expenses (including prescription medicines, hospital, tests, and other medical expenses). Do not include the cost of your health insurance premium. [SHOW ANSWERS TO A-D AS REMINDERS.] *updated*

|  | For All Members of Your |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Nat'I <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP <br> $(n=895)$ | HDHP <br> $(n=1,404)$ |
| Nothing | $28 \%$ | $28 \%$ | $31 \%$ | $24 \%$ |
| Less than $\$ 200$ | 27 | 28 | 17 | 16 |
| $\$ 200$ to $\$ 499$ | 26 | 26 | 16 | 19 |
| $\$ 500$ to $\$ 999$ | 19 | 20 | 20 | 17 |
| $\$ 1,000$ to $\$ 1,499$ | 10 | 10 | 13 | 12 |
| $\$ 1,500$ to $\$ 1,999$ | 8 | 7 | 8 | 11 |
| $\$ 2,000$ to $\$ 2,499$ | 6 | 6 | 11 | 11 |
| $\$ 2,500$ to $\$ 4,999$ | 8 | 6 | 17 | 19 |
| $\$ 5,000$ or more | 3 | 2 | 8 | 9 |
| Don't know | 15 | 16 | 7 | 10 |

HC5a. [IF ENROLLED 1 YEAR OR MORE (HP3=2-6): In the last 12 months/IF ENROLLED LESS THAN 1 YEAR (HP3=1): Since you joined this health plan], have you [IF HAVE FAMILY COVERAGE (S4=2,3,4): or other family members on your plan] ever not filled a prescription due to cost?

Yes
No
Other (describe) $\qquad$ $\quad$ Nat'l $\quad$ Trad.

| CDHP* $^{*}$ | HDHP* |
| :---: | :---: |
| $(\mathrm{n}=895)$ | $(\mathrm{n}=1,404)$ |
| $19 \%$ | $21 \%$ |
| 77 | 75 |

Not applicable-not given any prescriptions [SKIP TO HC8a]

3
3
4
4
HC6a. [IF ENROLLED 1 YEAR OR MORE (HP3=2-6): In the last 12 months/IF ENROLLED LESS THAN 1 YEAR (HP3=1): Since you joined this health plan], have you [IF HAVE FAMILY COVERAGE (S4=2,3,4): or other family members on your plan] skipped doses to make your medication last longer?

Yes
No
Other (describe) $\qquad$

| Nat'l <br> $(\mathrm{n}=2,114)$ | Trad. <br> $(\mathrm{n}=1,861)$ | CDHP* <br> $(\mathrm{n}=862)$ | $\mathrm{HDHP}^{*}$ <br> $(\mathrm{n}=1,346)$ |
| :---: | :---: | :---: | :---: |
| $17 \%$ | $16 \%$ | $17 \%$ | $22 \%$ |
| 82 | 83 | 82 | 78 |
| $<1$ | $<1$ | $<1$ | $<1$ |

HC6b. [IF SKIPPED DOSES (HC6a=1,3) OR DIDN'T FILL A PRESCRIPTION DUE TO COST (HC5a=1,3), ASK:] Was the prescription(s) that you did not fill or for which you skipped doses meant to treat any of the following conditions? (Check all that apply.)

|  | $(\mathrm{n}=464$ | $(\mathrm{n}=32)$ | $32 \%$ | $21 \%$ |
| :--- | ---: | ---: | ---: | ---: |
| Allergies | $24 \%$ | $23 \%$ | $14 \%$ | $15 \%$ |
| Depression | $16 \%$ | $18 \%$ | $14 \%$ | $15 \%$ |
| Hypertension or high blood pressure | $15 \%$ | $16 \%$ | $13 \%$ | $17 \%$ |
| High cholesterol | $14 \%$ | $13 \%$ | $15 \%$ | $8 \%$ |
| Asthma, emphysema or lung disease | $6 \%$ | $6 \%$ | $8 \%$ | $6 \%$ |
| Diabetes | $6 \%$ | $6 \%$ | $9 \%$ | $8 \%$ |
| Arthritis | $5 \%$ | $5 \%$ | $5 \%$ | $8 \%$ |
| [NEW] Stroke | $2 \%$ | $3 \%$ | $2 \%$ | $1 \%$ |
| Heart attack or other heart disease | $2 \%$ | $2 \%$ | $2 \%$ | $2 \%$ |
| Cancer | $<1 \%$ | $<1 \%$ | $<1 \%$ | $<1 \%$ |
| Other | $48 \%$ | $47 \%$ | $42 \%$ | $42 \%$ |
| Don't know | $5 \%$ | $4 \%$ | $2 \%$ | $4 \%$ |
| Decline to answer | $2 \%$ | $2 \%$ | $2 \%$ | $3 \%$ |

HC8a/b. [IF INDIVIDUAL COVERAGE (S4 = 1) OR FAMILY COVERAGE (S4=2-4), ASK:] [IF ENROLLED 1 YEAR OR MORE (HP3=2-6): In the last 12 months/IF ENROLLED LESS THAN 1 YEAR (HP3=1): Since you joined your current health plan], have you [or any family member on your plan] delayed or avoided completely getting any needed health care services for yourself [or any family member on your plan] (other than filling a prescription) due to the cost of those services? [Please do not include dental or vision care.]

|  | $\begin{gathered} \text { Nat'l } \\ (\mathrm{n}=2,182) \end{gathered}$ | Trad. $(n=1,918)$ | $\begin{aligned} & \text { CDHP* } \\ & (\mathrm{n}=895) \end{aligned}$ | $\begin{aligned} & \text { HDHP* } \\ & (\mathrm{n}=1,404) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| Yes | 18\% | 16\% | 29\% | 31\% |
| No | 74 | 76 | 63 | 60 |

Not applicable-was not sick in past
12 months/since joined health plan
[SKIP TO HC11]
HC10. [IF DELAYEDIAVOIDED CARE FOR ANY REASON (HC8a OR HC8b =1), ASK:] Which of the following types of care did you delay or avoid getting? (Check all that apply.)

|  | Nat'l <br> $(n=344)$ | Trad. <br> $(n=272)$ | CDHP* <br> $(n=274)$ | HDHP* <br> $(n=446)$ |
| :--- | ---: | ---: | ---: | ---: |
| Visit to doctor's office (not a specialist) | $71 \%$ | $70 \%$ | $66 \%$ | $62 \%$ |
| Visit to specialist's office | $42 \%$ | $40 \%$ | $40 \%$ | $44 \%$ |
| Lab/imaging tests | $24 \%$ | $21 \%$ | $32 \%$ | $31 \%$ |
| Trip to a hospital emergency room | $20 \%$ | $21 \%$ | $11 \%$ | $13 \%$ |
| Physical therapy sessions | $15 \%$ | $14 \%$ | $10 \%$ | $12 \%$ |
| Visit for hospital outpatient care/surgery | $9 \%$ | $9 \%$ | $7 \%$ | $11 \%$ |
| Other (specify) | $1 \%$ | $1 \%$ | $1 \%$ | $2 \%$ |

HC11. Which, if any, of the following medical screening tests have you had done in the time period shown?
(\% saying yes)
a. Have you had your blood pressure checked in the last year?
b. Have you had a dental exam in the past year?
c. [IF FEMALE OVER 50, D1=2 AND S1=9-11] Have you had a mammogram in the past 2 years? Nat'l ( $n=351$ ), Traditional ( $n=310$ ), CDHP ( $\mathrm{n}=187$ ), HDHP ( $\mathrm{n}=284$ )
$77 \% \quad 76 \% \quad 77 \% \quad 74 \%$
d. [IF FEMALE, D1=2] Have you had a Pap test in the past 3 years? Nat'l ( $n=1,197$ ),
Traditional ( $n=1,062$ ), CDHP ( $n=597$ ), HDHP ( $n=776$ ) $77 \% \quad 77 \% \quad 82 \% \quad 81 \%$
e. [IF AGE 50+, S1=9-11] Have you had colon cancer screening in the past 5 years? Nat'l ( $n=658$ ), Traditional ( $n=580$ ), CDHP ( $n=306$ ), HDHP ( $\mathrm{n}=614$ )
f. Have you had your cholesterol checked in the past five years/ [IF HC2Af=1 OR
$\mathrm{HC} 2 \mathrm{Ag}=1$ OR HC2Ah=1 or $\mathrm{HC} 2 \mathrm{Ai}=1$ OR $H C 2 A j=1]$ in the past year? $\quad 65 \% \quad 66 \% \quad 70 \% \quad 70 \%$

HC12. [IF HAVE CHRONIC CONDITION - HC2A(You)=1 - ASK FOR UP TO 4 CONDITIONS INDIVIDUALLY, IF MORE THAN 4 - RANDOMLY SELECT WHICH 4 TO BE MENTIONED] How strongly do you agree or disagree with the following statement:

I follow the treatment regimens for my [INSERT CONDITION FROM HC2A] very carefully.
Hyperte-

## Resources for Information

R1. How much, if at all, do you use the following as sources for health information? Nat'l ( $n=2,182$ ), Traditional ( $n=1,918$ ), CDHP ( $\mathrm{n}=895$ ), HDHP ( $\mathrm{n}=1,404$ ) A lot Some Not at All
a. Advertisements

| National | $3 \%$ |
| :--- | :--- |
| Traditional | $3 \%$ |

CDHP 2\%
HDHP 2\%
b. My friends or relatives
National
Traditional
CDHP
HDHP

| $15 \%$ | 59 | 23 | 3 |
| :--- | :--- | :--- | :--- |
| $14 \%$ | 59 | 24 | 2 |
| $13 \%$ | 68 | 19 | 1 |
| $13 \%$ | 62 | 24 | 1 |

c. Information provided by my health plan
National 16\%

Traditional 16\%
CDHP 13\%
HDHP 10\%
d. Information provided by my physician
National
Traditional
CDHP
HDHP

[^0]
## 48\%

49\%
e. Internet or Health websites (other than my health plan's)
National
Traditional
CDHP
HDHP
f. Magazine articles or books about health
National
Traditional
CDHP
HDHP

| $7 \%$ | 49 | 39 | 4 |
| ---: | ---: | ---: | ---: |
| $7 \%$ | 48 | 40 | 4 |
| $10 \%$ | 56 | 33 | 1 |
| $8 \%$ | 51 | 39 | 1 |
|  |  |  |  |
| $6 \%$ | 29 | 57 | 8 |
| $6 \%$ | 30 | 57 | 7 |
| $4 \%$ | 31 | 61 | 3 |
| $5 \%$ | 27 | 63 | 5 |
|  |  |  |  |
| $3 \%$ | 34 | 59 | 5 |
| $3 \%$ | 34 | 59 | 4 |
| $3 \%$ | 43 | 52 | 1 |
| $2 \%$ | 39 | 57 | 2 |

R6. Which source do you most trust for information on health care providers (such as doctors, hospitals, or medical labs)? (Select only one answer.) * Updated *

Your doctor
A family member or friend
Your health plan
Health websites (other than your health plan's)
A medical association (American
Medical Association, American
Heart Association, etc.)

| 4 | 4 | 6 | 5 |
| ---: | ---: | ---: | ---: |
| 2 | 2 | 4 | 4 |
| 1 | 1 | 1 | $<1$ |
| 1 | 1 | 1 | 1 |
| 1 | $<1$ | 1 | 1 |
| $<1$ | $<1$ | $<1$ | $<1$ |
| 1 | 1 | 1 | 1 |

[ASK ABOUT HOSPITALS ONLY IF SELF/FAMILY MEMBER WAS ADMITTED TO HOSPITAL IN PAST TWO YEARS (HC3A1=1)]

R3. Does your health plan provide any of the following types of information about hospitals:

| (\% saying yes) | Nat'l |  | Traditional |  | CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | \% |  | \% | n | \% | n | \% |
| Quality of care provided by hospitals | 576 | 30 | 510 | 32 | 184 | 34 | 330 | 24 |
| Cost of care provided by hospitals | 576 | 28 | 510 | 29 | 184 | 31 | 330 | 19 |

R4. [FOR EACH YES IN R3, ASK:] Have you ever tried to use the health plan's information to choose a hospital? (\% saying yes, tried to use)

Health plan's information about the quality of care provided by hospitals Health plan's information about the cost of care provided by hospitals
n
$n$
180
175
Nat'l

| $\%$ | $n$ | $\%$ |
| :---: | :---: | :---: |
| 42 | 164 | 40 |
| 33 | 157 | 34 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: |
| n | $\%$ | n | $\%$ |
| 57 | 51 | 76 | 39 |
|  |  |  |  |
| 51 | 68 | 59 | 41 |

R5. [FOR EACH YES IN R4, ASK:] Was the information useful?
(\% saying yes, useful)
Health plan's information about the quality of care provided by hospitals
Health plan's information about the cost of care provided by hospitals

| Nat'l |  | Traditional |  |
| :---: | :---: | :---: | ---: |
| n | $\%$ | n | $\%$ |
|  |  |  |  |
| 85 | 86 | 76 | 86 |
| 70 | 91 | 63 | 90 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: |
| n | $\%$ | n | $\%$ |
| 26 | 94 | 29 | 70 |
|  |  |  |  |
| 29 | 78 | 22 | 77 |

R10. Using sources other than your health plan, have you tried to find information about:

| (\% saying yes, tried to find) | Nat'l |  | Traditional |  | CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | \% | n | \% | n | \% | n | \% |
| Cost and quality of care provided by hospitals | 576 | 18 | 510 | 18 | 184 | 34 | 330 | 22 |

R11. [IF YES (R10aa=1), ASK:] Were you able to find any useful information you needed about the:
(\% saying yes)
Cost and quality of care provided by hospitals

| Nat'I |  | Traditional |  |
| :---: | :---: | :---: | ---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 128 | 73 | 108 | 74 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | ---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 50 | 67 | 67 | 51 |

## [ALL RESPONDENTS]

R3. Does your health plan provide any of the following types of information about doctors, including specialists on:
(\% saying yes)

Quality of care provided by doctors
Cost of care provided by doctors

| Nat'l |  | Traditional |  |
| :---: | :---: | :---: | ---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 2,182 | 30 | 1,918 | 30 |
| 2,182 | 24 | 1,918 | 24 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 895 | 27 | 1,404 | 22 |
| 895 | 23 | 1,404 | 15 |

R4. [FOR EACH YES IN R3, ASK:] Have you ever tried to use the health plan's information to choose a doctor?

| (\% saying yes, tried to use) | Nat'l |  | Traditional |  | CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | \% | n | \% | n | \% | n | \% |
| Health plan's information about the quality of care provided by doctors | 652 | 51 | 577 | 49 | 225 | 55 | 287 | 53 |
| Health plan's information about the cost of care provided by doctors | 531 | 49 | 466 | 47 | 179 | 52 | 204 | 47 |

R5. [FOR EACH YES IN R4, ASK:] Was the information useful?
(\% saying yes, useful)
Information about the quality of care provided by doctors
Information about the cost of care provided by doctors

| Nat'l |  | Traditional |  |
| :---: | :---: | :---: | ---: |
| n | $\%$ | n | $\%$ |
|  |  |  |  |
| 360 | 91 | 317 | 91 |
|  |  |  |  |
| 267 | 92 | 232 | 93 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | :---: |
| n | $\%$ | n | $\%$ |
|  |  |  |  |
| 116 | 91 | 145 | 79 |
|  |  |  |  |
| 82 | 91 | 86 | 75 |

R10. Using sources other than your health plan, have you tried to find information about:

| (\% saying yes, tried to |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| find) |

R11. [IF YES (R10ba=1), ASK:] Were you able to find any useful information you needed about the:
(\% saying yes)
Cost and quality of care provided by doctors

| Nat'l |  | Traditional |  |
| :---: | :---: | :---: | ---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 418 | 65 | 344 | 66 |


| CDHP |  | HDHP |  |
| :---: | :---: | :---: | ---: |
| $n$ | $\%$ | $n$ | $\%$ |
| 214 | 59 | 311 | 50 |

R7. [IF RECEIVED SOME CARE (ANY IN HC3=2-5), ASK:] [IF ENROLLED 1 YEAR OR MORE (HP3=2-6):
In the last 12 months/IF ENROLLED LESS THAN 1 YEAR (HP3=1): Since you joined your current health plan], did you do any of the following:
(\% saying yes)
a. Checked whether my health plan would cover my care
c. Checked the price of a doctor's visit or other health care service before I received care
d. Checked the quality rating of a doctor or hospital before I received care from them
e. Talked to my doctor about treatment options and costs
f. Used an online cost tracking tool provided by your health plan to manage your health expenses
g. Participated in a wellness program offered through my job or my spouse's job

| Nat'I <br> $(n=2,033)$ | Trad. <br> $(n=1,794)$ | CDHP <br> $(n=805)$ | HDHP <br> $(n=1,284)$ |
| :---: | :---: | :---: | :---: |
| $52 \%$ | $50 \%$ | $60 \%$ | $61 \%$ |
| $22 \%$ | $21 \%$ | $27 \%$ | $27 \%$ |
| $20 \%$ | $20 \%$ | $18 \%$ | $19 \%$ |

$45 \% \quad 43 \% \quad 47 \% \quad 49 \%$

R8. [IF RECEIVED SOME CARE (ANY IN HC3=2-5), ASK:] [IF ENROLLED 1 YEAR OR MORE (HP3=2-6): In the last 12 monthsIIF ENROLLED LESS THAN 1 YEAR (HP3=1): Since you joined your current health plan], did you do any of the following concerning your prescription drugs:

| (\% saying yes) | Nat'l <br> $(n=2,033)$ | Trad. <br> $(n=1,794)$ | CDHP <br> $(n=805)$ | HDHP <br> $(n=1,284)$ |
| :--- | :---: | :---: | :---: | :---: |
| Asked for a generic drug instead of a brand <br> name drug | $47 \%$ | $46 \%$ | $54 \%$ | $58 \%$ |
| Asked for a brand name drug instead of a <br> generic drug | $14 \%$ | $14 \%$ | $8 \%$ | $10 \%$ |
| Asked my doctor to recommend a less <br> costly prescription drug | $31 \%$ | $30 \%$ | $38 \%$ | $43 \%$ |

[IF EMPLOYED (J1=1 or 2) CONTINUE, ELSE SKIP TO D2]

## About Your Job

J6. How many years have you worked for your current employer?

|  | Nat'l <br> $(n=1,680)$ | Trad. <br> $(n=1,471)$ | CDHP* <br> $(n=707)$ | HDHP* <br> $(n=1,071)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than 2 years | $25 \%$ | $25 \%$ | $21 \%$ | $20 \%$ |
| $2-4$ years | 23 | 23 | 19 | 20 |
| $5-9$ years | 24 | 24 | 22 | 22 |
| 10 or more years | 28 | 28 | 39 | 37 |

J8. Including you, how many people work for your employer? (Include both full-time and part-time employees at all locations and worksites.)

|  | Nat'l <br> $(n=1,680)$ | Trad. <br> $(n=1,471)$ | CDHP* <br> $(n=707)$ | HDHP* $^{(n=1,071)}$ <br> $(n=1,07$ |
| :--- | :---: | :---: | :---: | :---: |
| Self-employed with no employees | $3 \%$ | $3 \%$ | $6 \%$ | $9 \%$ |
| $2-9$ | 9 | 8 | 12 | 13 |
| $10-49$ | 11 | 11 | 16 | 14 |
| $50-199$ | 11 | 11 | 11 | 14 |
| $200-499$ | 9 | 9 | 8 | 7 |
| $500-1,999$ | 11 | 11 | 11 | 11 |
| $2,000-4,999$ | 6 | 6 | 6 | 6 |
| $5,000-9,999$ | 7 | 7 | 7 | 4 |
| 10,000 or more | 18 | 18 | 17 | 15 |
| Don't know | 15 | 16 | 6 | 8 |

J9. Which of the following best describes the industry in which you work? * updated *

|  | Nat'I <br> $(n=1,680)$ | Trad. <br> $(n=1,471)$ | CDHP* <br> $(n=707)$ | HDHP* <br> $(n=1,071)$ |
| :--- | :---: | :---: | ---: | ---: |
| Manufacturing | $12 \%$ | $12 \%$ | $9 \%$ | $10 \%$ |
| Government, public service | 11 | 11 | 4 | 5 |
| Education, social services | 10 | 10 | 5 | 10 |
| Transportation, utilities | 8 | 8 | 6 | 6 |
| Health services | 8 | 9 | 14 | 12 |
| Retail, restaurant | 8 | 8 | 7 | 8 |
| Construction | 8 | 8 | 5 | 6 |
| Technology, communication | 7 | 7 | 10 | 10 |
| Finance, insurance, real estate | 6 | 6 | 14 | 8 |
| Business services, personal services | 5 | 5 | 7 | 8 |
| Wholesale trade | 2 | 2 | 3 | 3 |
| Non-profits, religious organizations | 2 | 2 | 4 | 3 |
| Hospitality, entertainment, arts | 2 | 3 | 2 | 3 |
| Legal services | 1 | 1 | 2 | 2 |
| Agriculture, forestry, mining | 1 | 1 | 2 | 1 |
| Other (specify) | 6 | 6 | 6 | 7 |

J5. What are your annual earnings from your job?

|  | Nat'l <br> $(n=1,680)$ | Trad. <br> $(n=1,471)$ | CDHP* <br> $(n=707)$ | HDHP* <br> $(n=1,071)$ |
| :--- | :---: | :---: | :---: | :---: |
| Less than $\$ 20,000$ | $14 \%$ | $13 \%$ | $7 \%$ | $12 \%$ |
| $\$ 20,000-\$ 29,999$ | 14 | 14 | 8 | 13 |
| $\$ 30,000-\$ 39,999$ | 16 | 17 | 10 | 14 |
| $\$ 40,000-\$ 49,999$ | 13 | 13 | 10 | 13 |
| $\$ 50,000-\$ 69,999$ | 16 | 17 | 19 | 16 |
| $\$ 70,000-\$ 99,999$ | 11 | 10 | 21 | 14 |
| $\$ 100,000-\$ 149,999$ | 6 | 6 | 11 | 8 |
| $\$ 150,000$ or more | 3 | 3 | 7 | 4 |
| Decline to answer | 8 | 8 | 7 | 7 |

## Demographics

D2. Are you of Hispanic, Spanish, or Latino origin or descent?

|  | Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| Yes | $10 \%$ | $10 \%$ | $11 \%$ | $9 \%$ |
| No | 89 | 90 | 89 | 91 |
| Other (specify) | $<1$ | 1 | $<1$ | -- |

D3. What is your racial/ethnic background? (Check all that apply.)

|  | Nat'I <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* <br> $(\mathrm{n}=1,404)$ |
| :--- | :---: | :---: | :---: | :---: |
| White/Caucasian | $81 \%$ | $80 \%$ | $85 \%$ | $86 \%$ |
| African American/Black | 11 | 11 | 6 | 6 |
| Asian/Pacific Islander | 4 | 4 | 8 | 6 |
| Other (specify) | 6 | 7 | 3 | 3 |

D4. What is the highest grade of school or year of college you completed?

|  | Nat'l <br> $(n=2,182)$ | Trad. <br> $(n=1,918)$ | CDHP* <br> $(n=895)$ | HDHP* $^{(n=1,404)}$ <br> $(n=1 \%$ |
| :--- | :---: | :---: | :---: | :---: |
| Some high school or less | $10 \%$ | $11 \%$ | $1 \%$ | $1 \%$ |
| High school graduate | 31 | 31 | 10 | 13 |
| Some college | 24 | 23 | 18 | 23 |
| Trade or business school | 6 | 5 | 6 | 6 |
| College graduate | 17 | 17 | 35 | 33 |
| Some post graduate work | 3 | 3 | 6 | 6 |
| Graduate degree | 10 | 9 | 24 | 17 |

D7. What was your total annual household income for 2006? (Include income from all sources.)

Less than \$20,000
\$20,000-\$29,999
\$30,000-\$39,999
\$40,000-\$49,999
\$50,000-\$69,999
\$70,000-\$99,999
\$100,000-\$149,999
\$150,000 or more
Decline to answer

| Nat'l <br> $(\mathrm{n}=2,182)$ | Trad. <br> $(\mathrm{n}=1,918)$ | CDHP* <br> $(\mathrm{n}=895)$ | HDHP* $^{(n=1,404)}$ |
| :---: | :---: | :---: | :---: |
| $8 \%$ | $8 \%$ | $3 \%$ | $5 \%$ |
| 8 | 8 | 4 | 7 |
| 9 | 9 | 5 | 8 |
| 9 | 10 | 8 | 10 |
| 17 | 18 | 14 | 16 |
| 18 | 18 | 27 | 22 |
| 14 | 14 | 20 | 14 |
| 7 | 7 | 11 | 9 |
| 10 | 10 | 8 | 9 |

Thank you for completing this survey!


[^0]:    50\%

